

## School of Education, Central University of Kashmir

Course Structure & Syllabus for 2 Year (4 Semester) Master of Physical Education (M.P.Ed.)  
Programme w.e.f. July 2017 Session

### Semester I

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPEDC101	Advanced Sports Psychology	Core	4	40	60	100
MPEDC102	Health & Fitness	Core	4	40	60	100
MPEDC103	Sports Management	Core	4	40	60	100
MPEDC104	Teaching, Training and Proficiency in Games (Football and Badminton)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC105	Teaching, Training and Proficiency in Athletics (Discus-throw and Long Jump)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
Skill Enhancement Course	Any One from CBCS Basket	Core	4	40	60	100
Total			24	240	360	600

### Semester II

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPEDC201	Advanced Sports Sociology	Core	4	40	60	100
MPEDC202	Measurement and Evaluation in Physical Education	Core	4	40	60	100
MPEDC203	Kinesiology	Core	4	40	60	100
MPEDC204	Study Tour (State of J&K)	Core	2	50 (Internal)		50
MPEDC205	Teaching, Training and Proficiency in Games (KhoKho&Kabbadi)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC206	Teaching, Training and Proficiency in Athletics (Triple Jump & Relay)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
Ability Enhancement Course	Any One from CBCS Basket	Core	4	40	60	100
Total			26	290	360	650

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### Semester III

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPEDC301	Research Methodology & Applied Statistics	Core	4	40	60	100
MPEDC302	Sports Medicine, Athletic Care & Rehabilitation	Core	4	40	60	100
MPEDC303	Exercise Physiology	Core	4	40	60	100
MPEDC304	Teaching, Training and Proficiency in Games (Handball & Hockey)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC305	Teaching, Training and Proficiency in Athletics (Sprints Races & High Jump)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
Open Generic Elective	Any One from CBCS Basket	Core	4	40	60	100
Total			24	240	360	600

### Semester IV

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPEDC401	ICT in Physical Education & Sports	Core	4	40	60	100
MPEDC402	Officiating and Coaching	Core	4	40	60	100
MPEDC403	Dissertation	Core	8	100	100	200
MPEDC404	Study Tour (Outside J&K)	Core	2	50 (Internal)		50
MPEDC405	Teaching, Training and Proficiency in Games (Basketball & Volleyball)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC406	Teaching, Training and Proficiency in Athletics ó (Shot-put & Hurdles)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
Total			26	310	340	650