

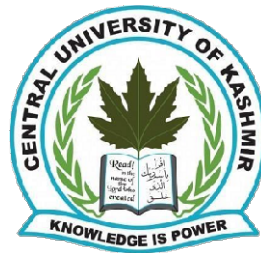
COURSE STRUCTURE

For

Master of Physical Education (M.P.Ed.) Programme

Duration: 2 Years (4 Semesters)

(w.e.f. Session 2019-2021)



**Department of Physical Education, School of Education
Central University of Kashmir-Tullamulla Campus Ganderbal**

Semester I

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPEDC101	Advanced Sports Psychology	Core	4	40	60	100
MPEDC102	Health & Fitness	Core	4	40	60	100
MPEDC103	Sports Management	Core	4	40	60	100
MPEDC104	Teaching, Training and Proficiency in Games (Football and Badminton)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC105	Teaching, Training and Proficiency in Athletics (Discus-throw and Long Jump)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC106	Judo& Wushu	Core	2	50 (Internal)		50
Skill Enhancement Course	Any One from CBCS Basket	Core	4	40	60	100
Total			26	290	360	650

Semester II

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPEDC201	Advanced Sports Sociology	Core	4	40	60	100
MPEDC202	Measurement and Evaluation in Physical Education	Core	4	40	60	100
MPEDC203	Kinesiology	Core	4	40	60	100
MPEDC204	Study Tour (State of J&K)	Core	2	50 (Internal)		50
MPEDC205	Teaching, Training and Proficiency in Games (Kho-Kho& Kabbadi)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC206	Teaching, Training and Proficiency in Athletics (Triple Jump & Relay)	Core	Theory (2)	20	30	100
			Practical (2)	20 (Int)	30 (Ext)	
MPEDC207	Sqay & Taekwondo	Core	2	50 (Internal)		50
Ability Enhancement Course	Any One from CBCS Basket	Core	4	40	60	100
Total			28	340	360	700

Semester III

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPED-C-301	Research Methodology and Applied Statistics –II	Core	4	40	60	100
MPED-C-302	Sports Medicine	Core	4	40	60	100
MPED-C-303	Exercise Physiology–I	Core	4	40	60	100
MPED-C-304	Games–III	Core (Practical)	3	50	50	100
MPED-C-305	Track & Field-III	Core (Practical)	3	50	50	100
Open Generic Elective	Credit Based Choice System	Core	4	40	60	100
Total			22	260	340	600

Semester IV

Course Code	Course Title	Type of Course	Credit Value	CIA	ESE	Total
MPED-C-401	Research Methodology and Applied Statistics–II	Core	4	40	60	100
MPED-C-402	Exercise Physiology–II	Core	4	40	60	100
MPED-C-403	Dissertation	Core	8	100	100	200
MPED-C-404	Games-IV	Core (Practical)	3	50	50	100
MPED-C-405	Track & Field-IV	Core (Practical)	3	50	50	100
MPED-C-406	Yoga	Core (Practical)	2	50	--	50
Total			24	330	320	650