

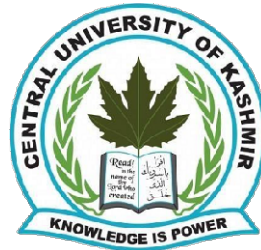
COURSE STRUCTURE

For

Master of Physical Education (M.P.Ed.) Programme

Duration: 2 Years (4 Semesters)

(w.e.f. Session 2021)



**Department of Physical Education, School of Education
Central University of Kashmir- Tullamulla Campus Ganderbal**

Semester-I

Course Code	Course Title	Type of Course	Credit Value	MSE	ESE	Total
MPED-C-101	Advanced Sports Psychology	Core	4	50	50	100
MPED-C-102	Sports Training-I	Core	4	50	50	100
MPED-C-103	Kinesiology and Sports Biomechanics	Core	4	50	50	100
MPED-C-104	Games-I	Core (Practical)	3	50	50	100
MPED-C-105	Track & Field-I	Core (Practical)	3	50	50	100
Skill Enhancement Course	Choice Based Credit System (CBCS)	Core	4	50	50	100
Total			22	300	300	600

Semester-II

Course Code	Course Title	Type of Course	Credit Value	MSE	ESE	Total
MPED-C-201	Sports Training-II	Core	4	50	50	100
MPED-C-202	Test, Measurement and Evaluation	Core	4	50	50	100
MPED-C-203	Health and Fitness	Core	4	50	50	100
MPED-C-204	Games-II	Core (Practical)	3	50	50	100
MPED-C-205	Track & Field-II	Core (Practical)	3	50	50	100
MPED-C-206	Adventure Sports (Summer)	Core (Practical)	2	50 (Internal)	--	50
Ability Enhancement Course	Choice Based Credit System (CBCS)	Core	4	50	50	100
Total			24	350	300	650

Semester-III

Course Code	Course Title	Type of Course	Credit Value	MSE	ES E	Total
MPED-C-301	Research Methodology and Applied Statistics –II	Core	4	50	50	100
MPED-C-302	Sports Medicine	Core	4	50	50	100
MPED-C-303	Exercise Physiology–I	Core	4	50	50	100
MPED-C-304	Games–III	Core (Practical)	3	50	50	100
MPED-C-305	Track & Field-III	Core (Practical)	3	50	50	100
MPED-C-306	Adventure Sports (Winter)	Core (Practical)	2	50 (Internal)	--	50
Open Generic Elective	Choice Based Credit System (CBCS)	Core	4	50	50	100
Total			24	350	300	650

Semester-IV

Course Code	Course Title	Type of Course	Credit Value	MSE	ESE	Total
MPED-C-401	Research Methodology and Applied Statistics–II	Core	4	50	50	100
MPED-C-402	Exercise Physiology–II	Core	4	50	50	100
MPED-C-403	Dissertation	Core	8	100	100	200
MPED-C-404	Games-IV	Core (Practical)	3	50	50	100
MPED-C-405	Track & Field-IV	Core (Practical)	3	50	50	100
MPED-C-406	Yoga	Core (Practical)	2	50 (Internal)	--	50
Total			24	350	300	650

S. No.	Semester	Credits	Course Papers	Maximum Marks
1.	I	22	06	600
2.	II	24	07	650
3.	III	24	07	650
4.	IV	24	06	650
Total Number of Semesters= 04		Total Course Credits= 94	Total Course Papers= 26	Maximum Marks= 2550

Graduate Attributes of M.P.Ed. Programme

- **Social Responsibility**

The programme promotes the values of ethical behaviour, sustainability and personal contribution. Students understand how their actions can enhance the wellbeing of others and will be equipped to make a valuable contribution to society.

- **Learning and Research Skills**

The programme fosters intellectual curiosity and provides opportunities to develop effective learning and research abilities. Students will be equipped to seek knowledge and to continue learning throughout their lives. Students will also be able to consider multiple perspectives as they apply intellectual rigour and innovative thinking to the practical and theoretical challenges they face.

- **Professionalism, Employability and Enterprise**

The programme promotes and promises professional integrity and provides opportunities to develop the skills of communication, independent and team working, problem solving, creativity, digital literacy, numeracy and self-management. The students will be confident, act with integrity, set themselves high standards and have skills that are essential to their future lives.

- **Critical Thinking & Lifelong Learning**

The programme is committed towards continued and independent learning, intellectual development, critical analysis and inquiry, integrative thinking, and creativity.

- **Communication & Cultural Competence**

The programme is able to actively, ethically, and respectfully engage across and between cultures this includes promotion of sports culture. The programme enables the students to communicate effectively and appropriately in a range of contexts using literacy, numeracy, and information technology skills.

- **Collaboration & Leadership**

The programme builds a capacity for leadership and an understanding of the importance of collaboration, within teams, in professional and community settings.